



Creating a bright future through our ability to

Challenge Achieve Respect Encourage

Building on our Christian Foundation, we aim to provide a happy, secure and exciting environment, encouraging all children to grow in every way.

Our vision of PE at Axbridge

At Axbridge we aim to engage to live healthy lives and encourage them to challenge themselves to reach their full sporting potential. We believe that all children make the best progress in Physical Education when they have opportunities to succeed, recognise their own progress, experience a wide range of sports and make links with sporting professionals. Through our development of a rich Physical Education environment children develop, refine and practice skills. This information explains how we approach teaching children Physical Education skills and knowledge. We hope it helps you understand the key ways in which we work as a school, and how you as parent can best support your child's learning within these essential areas. We also hope that by reading this information you will understand how ambitious we are for your child, how we want to see them achieve in all areas during their time at Axbridge, and how we want them to fully enjoy all of their learning.

What PE looks like at Axbridge



How we teach PE at Axbridge

At Axbridge we recognise that PE plays a significant role in the lives of all children and its impact on their physical, mental and emotional health. Children at Axbridge demonstrate a positive, enthusiastic and competitive attitude towards PE. All teachers provide opportunities for children to demonstrate their skills at an appropriate level whereby children can recognise and celebrate their success and the successes of their peers. Children have access to a minimum of 2 hours of PE each week, additional movement breaks within the classroom and active playtimes using our playground markings, huff and puff equipment and school field activities during the summer months. We also recognise the importance of competitive element of PE which can be seen when children partake in after school events at local Middle Schools. This opportunity further develops children's skills in team work, cooperation and resilience. Children also have access to specialist coaching opportunities throughout each term which is planned and sequenced to complement our REAL PE scheme.

In the Early Years

In the Foundation Stage PE provides opportunities for children to be active and work cooperatively with their peers; develop their co-ordination, control, recognise movement, understand the importance and impact of physical activity on their bodies and recognise how these contribute to a healthy life. Through our use of REAL PE children develop these skills sequentially exploring the key areas of dance, gymnastics and ball skills. Our specialist sports coach also delivers key skills including game tactics and use of specialist gymnastic equipment.

Key Stage 1 and Key Stage 2

In Key Stage 1 and 2 PE continues to provide opportunities for children to be active and work cooperatively with their peers; develop their co-ordination and control of movements with an increased understanding of the impact PE has on their physical, emotional and mental health. Through our use of REAL PE children develop and refine their skills building on the key areas of dance and performance, gymnastics and ball skills in relation to key sporting outcomes such as cricket, football, hockey and netball. Our specialist sports coach also delivers these key skills including game tactics and preparation for competitive sporting festivals. Children in KS2 also access outdoor and adventurous activities through our residential trip to Charterhouse. At Axbridge we also recognise the importance of swimming as a key life skill therefore children are given swimming provision in both KS1 and KS2 with access to specialist coaching at our local leisure centre.

How we make PE exciting and motivating for children

PE has a significant role within our curriculum planning and delivery; we continue to reflect upon the way we deliver this subject to ensure that all children are excited by and engage with PE. We recognise that PE is essential to all children's health, overall wellbeing and we recognise the importance of providing them with these skills to support their future lives. We ensure that children have access to high quality teaching from class teachers and outside professional coaches, as well as high quality PE equipment so that, they can engage in a variety of sports and learn the skills, knowledge and expertise required to develop as an athlete. We also encourage the children to use iPads for recording their progress and reflecting upon how they have improved; identifying their next steps in learning; and engage in a dialogue with their peers and teachers. This approach develops children's motivation by building in self-directed learning opportunities that develop their skills in reflection; ability to take ownership over their learning and challenge themselves.

The curriculum co-ordinator also ensures all children have access and the opportunity to play a range of sports competitively, this is built into team games within their class, year group and with other children from their year group at our annual Sports Day. A further aspect of this provision is access to a number of Sporting Festivals held at Hugh Sexey Middle School, which allow children to enjoy a

range of sports and compete against other trust schools. Additionally, the children in key stage 2, have the opportunity to play competitive sports and represent Axbridge School to win a trophy, in a range of sports such as; Tag Rugby, Football and Cross-Country Running. These festivals instil a sense of pride, sportsmanship and achievement, in which all children, who compete are recognised and celebrated for their participation and achievement in our Axbridge Sports Book and during our Collective Worships.

How we assess PE at Axbridge

Assessment for learning is continuous throughout the planning, teaching and learning cycle within PE. At Axbridge we assess children through our assessment at tracking document which further outlines key assessment tasks which are undertaken each half term. Formative assessment in PE is carried out by class teachers and a dialogue with specialist sport coaches through direct observation, verbal discussions with teachers and peers, self-assessment and mini plenaries throughout PE session to encourage children to be reflective and recognise their progress and achievements. Building on regular formative assessment a summative judgement is made through a termly assessment task, identified by PE co-ordinator. Teachers use their professional knowledge to assess children attainment and progress within each area of PE. These are used to assist in reporting to the parents and passed on to the following class teacher and impacts upon future long term and short term planning and training needs.

How we help children who find PE difficult

Children who find PE difficult are supported to recognise their achievements at whatever level they are working at. Class teachers and professional coaches use their professional knowledge to ensure that challenges are appropriate and modify teaching so all can achieve success. Examples of this include; larger balls for children who find catching difficult; modelling of the skill and being supported by class teacher or teaching assistant to complete. Additionally, as in a classroom situation, all class teachers operate a 'hug closely' group for children who have been identified as requiring additional support in achieving their learning outcomes. More broadly speaking, common practices applied by our classroom teachers and teaching assistant would be: giving more time to complete tasks. - setting tasks with different challenges, so all can achieve. Not all children complete all tasks; - providing resources of different complexity depending on the ability of the child; - using classroom assistants to support children individually or in groups.

At the point where a child is unable to demonstrate progress in this area, a conversation with the SENDCO would take place. Please see the SEND policy and the schools graduated response forms for further information on when a child requires additional support because there is a significant gap in their learning.

How Parents and Carers can help their children with PE

At Axbridge, we recognise that a child's life outside of school can have a huge impact on their ability to retain the knowledge they learn in school. As parents and carers, you are in the best position to encourage and nurture your child's passion and talent in PE. It is to you who often first inspires or encourages your child to participate in competitive sporting clubs such as Football, Rugby or Tennis. This can be a result of your own hobbies and interests. Additionally, you are a significant part of developing your child's attitude towards maintain a healthy lifestyle, this can be in the form of undertaking local park runs, going for a walk in nature, learning to ride a bike or going swimming at the local swimming pool. The opportunities that you provide will always be significant in developing your child's confidence and enjoyment of PE, as such we take pride in celebrating the sporting achievements that all children achieve outside of school.

How we celebrate PE

Within Axbridge School we promote a culture of PE and believe that this culture extends into the local community and after school club participation therefore we recognise the importance of celebrating these sporting achievements within our school collective worships. We also hold an annual Sports Day where parents are invited to celebrate and share the success of all children. Children at Axbridge also have access to sessions of Golden Mile whereby pupil run for 10 minutes for KS1 or 15 minutes for KS2 and record their number of laps of our 'Golden Mile' track and work towards gaining their bronze, silver, gold and platinum awards. We also celebrate Sports Relief and teach children the importance of this charity event with the inclusion and support of parents and carers this is a successful fundraising events raises the profile of PE.

PE Opportunities at Axbridge

At Axbridge we have a wide range of sporting opportunities which enhance our curriculum provision these include link multi- skills Festivals with local Middle Schools and KS2 sporting Festival such as tag rugby, netball, cross country running these enable children to compete against other local First Schools. We also enhance and promote PE by offering children a running club and sailing opportunities which is delivered within our locality on Cheddar Reservoir and led by specialist sailing coaches.