

Level 2 Actions



Level 2



s

Make a snake's head with your hands and wiggle your body like a snake!



a

Pretend to bite into a crunchy apple



t

Pretend to stir a teaspoon around a teacup.



p

Make one hand into a puppy's head and pat it with your other hand.



i

Flap your hands like an insect's wings



n

Make your fist into a nut and tap



m

Yummy! Rub your tummy.



d

Pretend to play your drum kit.



g

Pretend to wrap your scarf like Gabi



o

Pretend to squeeze a juicy orange.



c

Wiggle your finger like a caterpillar.



k

Pretend to spread your hand like a kite and fly it in the air.



ck

Make a duck's beak with your hands and pretend to pick up sticks.



e

Make an egg with one hand and tap it with the other.



u

Make one hand into an umbrella and sprinkle rain on



r

Move your arms like a robot.



h

Pretend to open the door of the house



b

Pretend to throw and catch a ball.



f

Pretend to wave a magic wand.



l

Pretend to lick an ice popsicle.



ff

Pretend to switch off the light.



ll

Pretend to ring a bell



ss

Blow a kiss.

Actions



Level 3



j
Sweep your hand up like a jumbo jet taking off.



v
Draw a v shape on your chest to show the V-neck of the undershirt.



w
Make waves with your hand.



x
Hold one hand like a map and draw an x on it.



y
Pretend to raise and lower a yo-yo.



z
Draw the zigzag path in the air.



z
Make a buzzing bee with your hand and draw two zigzag paths.



w
Give a royal wave.



ck
Use your thumb and forefinger to make a chick's beak.



ck
Put a finger to your lips.



ck
Put your forefingers on your head and wiggle your moth's feelers.



ck
Stroke your hand on your cheek like a soft feather.



ng
Tap your ring finger.



ai
Draw a spiral snail's shell.



ck



ck
Hold one arm across your body as if holding a shield and put it with your other hand.



ck
Pretend to row your boat.



ck
Point at the moon.



ck
Pretend to open a book.



ck
Make twinkly star fingers.



ck
Pretend to press a car.



ck
Pretend to open a door.



ck
Pretend to squeeze the squirt hoses on your coat.



ck
Flick your thumb as if tossing a coin.



ck
Cup your hand around your ear.



ck
Hold a chair, move it in and out from a desk.



ck
Swing your arm.



ck
Pretend to sneeze.

Level 5 Actions



Level 5



ay

Put both hands calmly to your chest.



oy

Make a circle with the fingers of each hand and place them together to sign 'y' for boy.



ie

Pretend your fist is the knot of a tie and put it on your chest.



ea

Flutter your hand like a leaf blowing in the wind.



ee

Hold both your hands flat in front of you and pretend to blow out the candles on a cake.



ie

Slide your arm down and across in front of you.



ee

Touch a fore arm in your forearm.



ee

Make a cube with your hands.



ee

Pretend to play a flute with both hands.



ee

Pretend to hold onto a trapeze bar above your head.



ee

Point to your mouth.



ee

Pretend one clenched fist is an ox and cup it with your other hand.



ee

Make a set of balance scales with your arms and pivot your elbows up and down until they are equal.



ie

Show your teeth and clasp like a lion.



oo

Stack your hands in turn one above the other, to build a tall hotel.



uu

Place your hands together like a unicorn horn on your forehead.



ee

Pretend to hold a chef's bowl in one hand and mix it with a spoon in the other.



ee

Open and close each hand in turn, like lights flashing on a Christmas tree.



ie

Place one fist on top of the other, to sign 'y' for.



ee

Hold your hands and upper body very still in a statue pose.



ee

Hold one hand flat like paper as you pretend to slide a glue stick along it in the other.



ee

Pretend to screw your finger into your other hand.



ee

Pretend one hand is a bowl of stew and scoop some out, using the other hand as a spoon.



yy

Move your hands in a swirling arc above your head and wriggle your fingers like submarines.



ow

Move your hand back and forth in a sewing motion.



oo

Flutter both of your hands downwards like two falling leaves in autumn.



ow

Pretend to pull a window shade.



ee

Point to your big toe (can be through your shoes).



ee

Pretend to hold a steering wheel and drive a car.



ee

Pretend to make tall buildings with your forearms.



yy

Point to a gem on top of your head.



ee

Make a looping dolphin with your forearm.



ee

Pretend to slice a loaf of bread.



ee

Make a shield by crossing both arms in front of you.



ee

Make a witch's hat on your head with your hands.



ee

Point to your bare foot (can be through your shoes).



ee

Pretend to hold and bite into a pear.



ee

Pretend to bite into an apple core made with your finger.